

4336 wear during all JROTC activities (i.e., drill team, color guard, parades, speaking  
4337 engagements, etc.) that do not pose a risk to the safety of the Cadet, Cadre or others.  
4338 For example, a Cadet wearing religious headgear can be exempted from certain  
4339 "Special Hazard" Training events that may result in injury to the Cadet or support  
4340 personnel such as obstacle courses/rappelling etc.

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4342 e. Religious wear: Exceptions to appearance standards based on religious practices  
4343 IAW AR 670-1:  
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4345 (1) The term "religious apparel" is defined as articles of clothing worn as part of the  
4346 observance of the religious faith practiced by the Cadet. Religious articles include, but  
4347 are not limited to, medallions, small booklets, pictures, or copies of religious symbols or  
4348 writing carried by the individual in wallets or pockets. Except as noted below, Cadets  
4349 may not wear religious items if they do not meet the standards of this regulation.  
4350 Requests for accommodation will not be entertained.  
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4352 (2) Cadets may wear religious apparel, articles, or jewelry with the uniform, if they  
4353 are neat, conservative, and discreet. "Neat conservative, and discreet" is defined as  
4354 meeting the uniform criteria of this regulation. In other words, when religious jewelry is  
4355 worn, the uniform must meet the same standards of wear as if the religious jewelry were  
4356 not worn. For example, a religious item worn on a chain may not be visible when worn  
4357 with uniforms. The width of chains worn with religious items should be approximately  
4358 the same size as the width of the ID tag chain.

4359 (3) Ensure Cadets' religious rights are not infringed on for the sake of Cadet  
4360 uniform standards.  
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4363 f. To ensure consistency across the JROTC program, exceptions to Cadet uniform  
4364 policies will be forwarded to Director, Army JROTC and approved by the Commander,  
4365 USACC on a case-by-case basis. To ensure appropriate compliance with current laws  
4366 and regulations, the Commander, USACC, will forward recommendations for  
4367 disapproval to the Army G-1 within 30 days of the initial request for final adjudication.  
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## 4369 **8-6. Personal Appearance**

4370 a. JROTC is a uniformed organization, which is judged, in part, by how a Cadet  
4371 wears a prescribed uniform and maintains their personal appearance. Therefore, a neat  
4372 and well-groomed appearance by all Cadets is fundamental to JROTC and contributes  
4373 to building the pride, esprit, good order, and discipline essential to an effective unit.  
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4375 b. Hair Styles: Many hairstyles are acceptable, as long as they are neat and  
4376 conservative. Hair will be neatly groomed. Hair that is clipped closely or shaved to the  
4377 scalp is authorized. The length and bulk of hair will not be excessive or present a  
4378 ragged or extreme appearance. If dyes, tints, or bleaches are used, colors used must  
4379 be natural to human hair and not present an extreme appearance. Hairstyles will not  
4380 interfere will proper wearing of military headgear. The headgear when worn in uniform

4381 will not appear bulging or distorted, and without excessive gaps between the headgear  
4382 and the head. There is no minimum hair length for Cadets, and Cadets are permitted to  
4383 have natural highlight. Hair that falls over the eyebrows or ears will be pulled back. Hair  
4384 holding ornaments (barrettes, pins, clips, headbands), if used, must be transparent or  
4385 similar in color to hair, and will be inconspicuously placed. Headbands should not be  
4386 wider than 1 ½ inches. Cadets are permitted to wear a ponytail, two braids, or one  
4387 singular braid in all uniforms. Cadets are authorized to wear multiple neat-in-  
4388 appearance hairstyles at once. Colors that detract from a professional uniform  
4389 appearance are prohibited. It is the responsibility of instructors to use good judgment in  
4390 determining if applied colors are acceptable, based upon the overall effect on Cadets'  
4391 appearance.

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4393 c. Facial hair: Sideburns will be neatly trimmed. Sideburns will not extend below the  
4394 lowest part of the exterior ear opening. The face will be clean-shaven, except for  
4395 permitted mustaches.

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4397 d. Fingernails: All Cadets will keep fingernails clean and neatly trimmed. Female  
4398 Cadets are permitted to wear any color fingernail polish as long as they match in type  
4399 and style. Do not extend more than ½ inch for acrylic nails from the tip of the finger.

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4401 e. Hygiene and Tattoos: Cadets are expected to maintain good hygiene while in  
4402 uniform. Tattoos are authorized; however, tattoos or brands that are extremist, indecent,  
4403 sexist, or racist are prohibited, visible with any uniformed activity, as they are prejudicial  
4404 to good order and discipline within the unit, the school, and the community. If a Cadet  
4405 has a tattoo on the face, it will not prohibit the Cadet from participating in JROTC.  
4406 Instructors should advise that facial tattoos could prohibit the Cadet from joining the  
4407 Armed Forces.

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4409 f. Lipstick: Female Cadets may wear non-extreme shades of lipstick.

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4411 **8-7. Purchase of Uniforms and Insignia**

4412 a. Eligible Cadets (not participating students) may wear the issue-type uniform while  
4413 attending JROTC courses of instruction. These Cadets students may be issued a  
4414 uniform at government expense. At no time will appropriated funds be used to purchase  
4415 uniform items that are sold to Cadets (i.e., headgear, boots shoes, etc.).

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4417 b. Schools hosting NDCC units will procure and maintain uniforms at no expense to  
4418 the government.

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4420 c. The government purchases JROTC distinctive insignia and accoutrements for  
4421 issue to Cadets.

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